



Hannah Burvill



Kelsey Drake



Alyssa Fluit



Deidre Freeman



**Kennedy
Gilbertson**



Calli Head



Mallory Jump

50 FREESTYLE

1. Hannah Burvill, 201922.54
2. Emma Sougstad, 201522.63
3. Olivia Kabacinski, 2014.....22.70
- Kennedy Gilbertson, 2023.....22.70
5. Mekenna Scheitlin, 2018.....22.77
- 6. Rachel Dildine, 2024 22.86**
- 7. Scarlet Martin, 2023 22.91**
8. Sarah Schemmel, 202123.00
9. Stacey Wertz, 200023.08
10. Meghan Lavelle, 201823.10

100 FREESTYLE

1. Hannah Burvill, 201948.65
2. Olivia Kabacinski, 2014.....49.61
3. Allyssa Fluit, 201949.86
- 4. Rachel Dildine, 2025 49.90**
5. Sabina Kupcova, 2024.....50.14
6. Sarah Schemmel, 2018.....50.15
7. Christine Kuczek, 2008.....50.21
8. Danielle Carty, 2012.....50.26
- Jenna Kerr, 2023 50.26**
9. Kennedy Gilbertson, 2023.....50.31
10. Macy Rink, 202050.33

200 FREESTYLE

1. Hannah Burvill, 2018 1:44.42
2. Becky Stoughton, 2015 1:45.47
3. Allyssa Fluit, 2020 1:45.82
4. Olivia Kabacinski, 2014..... 1:46.68
- 5. Jenna Kerr, 2024 1:46.97**
6. Macy Rink, 2020 1:47.89
7. Sabina Kupcova, 2023..... 1:47.93
8. Lauren McDougall, 2020..... 1:48.21
- 9. Nora Kemp, 2024 1:48.46**
10. Carly O'Brien, 2018..... 1:48.89

500 FREESTYLE

1. Becky Stoughton, 2015 4:39.76
2. Allyssa Fluit, 2020 4:43.52
3. Hannah Burvill, 2018 4:44.24
- 4. Jenna Kerr, 2024 4:45.15**
5. Lindsay Seemann, 2013 4:45.86
6. Melissa Loehndorf, 2000 4:47.21
7. Alyssa Graves, 2021 4:47.58
8. Jennifer Skolaski, 2003..... 4:48.20
- 9. Alix O'Brien, 2024 4:48.53**
10. Millie Sansome, 2019 4:49.40

1,000 FREESTYLE

1. Becky Stoughton, 2011 9:39.44
2. Alyssa Graves, 2021 9:48.33
3. Melissa Loehndorf, 2001 9:55.59
4. Abbey Schneider, 2018..... 9:58.39
5. Jennifer Skolaski, 2002..... 9:58.53
6. Jane Keating, 1984 9:58.63
- 7. Alix O'Brien, 2024 9:59.10**
- 8. Jenna Kerr, 2024 10:01.53**
- 9. Olivia Frantum, 2024..... 10:01.75**
10. Millie Sansome, 2019 10:03.34

1,650 FREESTYLE

1. Becky Stoughton, 2015 15:57.43
2. Alyssa Graves, 2021 16:21.34
3. Melissa Loehndorf, 2001 16:27.91
4. Jennifer Skolaski, 2002..... 16:32.30
- 5. Jenna Kerr, 2024 16:34.23**
6. Jane Keating, 1986 16:35.02
7. Angie Todt, 1991 16:37.96
- 8. Olivia Frantum, 2024..... 16:39.75**
- 9. Alix O'Brien, 2025 16:40.07**
10. Millie Sansome, 2019 16:41.89

100 BACKSTROKE

1. Kennedy Gilbertson, 2023.....53.19
2. Millie Sansome, 202053.21
3. Hannah Burvill, 201953.27
4. Meghan Lavelle, 201853.36
5. Daniela Cubelic, 2012.....53.63
6. Lindsay Seemann, 201454.05
7. Danielle Carty, 2012.....54.25
- 8. Annie Galvin, 2024 54.30**
9. Jennifer Skolaski, 2003.....54.34
10. Jo Jekel, 201754.41

200 BACKSTROKE

1. Millie Sansome, 2020 1:54.86
2. Lindsay Seemann, 2013 1:56.49
3. Hannah Burvill, 2018 1:56.56
4. Kennedy Gilbertson, 2024..... 1:57.19
5. Meghan Lavelle, 2018 1:57.22
- 6. Hope Schimming, 2025... 1:57.41**
7. Julia Koluch, 2020..... 1:57.46
8. Jennifer Skolaski, 2004..... 1:57.51
9. Anna Brooker, 2021 1:57.70
10. Becky Stoughton, 2012 1:58.38

100 BREASTSTROKE

1. Emma Sougstad, 201758.76
- 2. Olivia Swalley, 2024 1:01.02**
3. Olivia Kabacinski, 2014..... 1:01.36
4. Shea Hoyt, 2018 1:01.37
5. Katarina Tour, 2009..... 1:01.45
6. Mallory Jump, 2021 1:01.49
7. Karolina Wartalowicz, 2014. 1:02.06
- Aleksandra Olesiak, 2021 1:02.06
8. Sheridan Schreiber, 2023 1:02.12
9. Allison Lyle, 2002 1:02.43
10. Colleen Champa, 2014..... 1:02.48



IOWA SWIMMING & DIVING

TOP 10 ALL-TIME PERFORMERS



Olivia Kabacinski



Katy Ketoff



Megan Lavelle



Lydia Lehnert



Laura Maldonado



Aleksandra
Olesiak



Lisette Planken

200 BREASTSTROKE

1. Emma Sougstad, 2017 2:10.47
2. Allison Lyle, 2002 2:11.92
3. Colleen Champa, 2014..... 2:12.71
- 4. Olivia Swalley, 2023 2:12.42**
5. Karolina Wartalowicz, 2014. 2:13.33
6. Shea Hoyt, 2017 2:13.55
7. Aleksandra Olesiak, 2020 2:13.92
8. Devin Jacobs, 2019 2:17.80
9. Alisha Stitts, 1999 2:18.19
10. Lexi Horner, 2017 2:18.23

100 BUTTERFLY

1. Mallory Jump, 202152.30
2. Kelsey Drake, 201853.12
3. Emma Sougstad, 201653.30
- 4. Scarlet Martin, 2023..... 53.45**
5. Kelly McNamara, 201953.62
6. Mekenna Scheitlin, 2016.....53.95
7. Tereysa Lehnertz, 2016.....54.13
8. Sarah Schemmel, 2018.....54.27
- 9. Rachel Dildine, 2025 54.36**
10. Carly O'Brien, 2015.....54.54

200 BUTTERFLY

1. Kelsey Drake, 2020 1:55.89
2. Alyssa Graves, 2021 1:57.99
3. Becky Stoughton, 2015 1:58.28
4. Mallory Jump, 2021 1:58.67
- Scarlet Martin, 2023..... 1:58.67**
5. Tereysa Lehnertz, 2016 1:59.04
6. Melissa Loehndorf, 2001 2:00.14
7. Kelly McNamara, 2018 2:00.45
8. Abbey Tuchscherer, 2011..... 2:01.17
9. Loredana Zisu, 1998..... 2:01.71
- 10. Josie Hood, 2025 2:02.17**

200 INDIVIDUAL MEDLEY

1. Emma Sougstad, 2016 1:57.55
- 2. Olivia Swalley, 2024 1:57.89**
3. Mallory Jump, 2021 1:58.93
4. Kelsey Drake, 2020 1:59.41
5. Emily Hovren, 2013 2:00.42
6. Sabina Kupcova, 2024..... 2:01.21
7. Katarina Tour, 2009..... 2:01.33
8. Allie Orvis, 2014..... 2:01.76
9. Colleen Champa, 2014..... 2:02.19
10. Jennifer Skolaski, 2005..... 2:02.93

400 INDIVIDUAL MEDLEY

- 1. Olivia Swalley, 2024 4:10.54**
2. Becky Stoughton, 2012 4:12.34
3. Lindsay Seemann, 2013 4:15.00
4. Millie Sansome, 2019 4:17.68
5. Devin Jacobs, 2019 4:20.09
6. Jennifer Skolaski, 2003..... 4:20.14
7. Grace Reeder, 2020 4:20.35
8. Melissa Loehndorf, 1999 4:20.65
9. Colleen Champa, 2014..... 4:21.20
10. Pamela Breitrick, 2014..... 4:21.51

1-METER DIVING (6)

1. Deidre Freeman, 2011 338.55
2. Jayah Mathews, 2019 330.05
3. Lisette Planken, 2005 326.55
4. Veronica Rydze, 2012 325.28
5. Nancilea Underwood, 2006 . 322.75
6. Joelle Christy, 2013 319.45
- 7. Makayla Hughbanks, 2024 317.65**
8. Terri Millmier, 1988..... 315.60
- 9. Geneva Pauly, 2024 312.95**
10. Jacintha Thomas, 2017 307.60

1-METER DIVING (10)

1. Katy Ketoff, 1992 407.20
2. Kim Yager, 1991 433.55

1-METER DIVING (11)

1. Lisette Planken, 2003 583.55
2. Nancilea Underwood, 2003 . 541.55
3. Teresa Millmier, 1989..... 476.90
4. Kelly Johnson, 1986 466.62
5. Diane Goldsworthy, 1984 439.55
6. Kelly Johnson, 1983 431.10
7. Kelly McCready, 1996 413.75
8. Jessica Riccobono, 1994..... 413.45
9. Anne Bowers, 1982 399.10
10. Kelly McCready, 1994 394.70

1-METER DIVING (12)

1. Nancilea Underwood, 2006 . 626.95
2. Kim Yager, 1991 433.55

3-METER DIVING (6)

1. Deidre Freeman, 2011 407.40
2. Nancilea Underwood, 2006 400.05
3. Jayah Mathews, 2019 380.20
4. Veronica Rydze, 2011 358.45
- 5. Makayla Hughbanks, 2024 358.10**
6. Sam Tamborski, 2019 355.05
7. Abby Grilli, 2013 354.10
8. Lauren Kelba, 2015..... 332.17
9. Lisette Planken, 2005 332.03
10. Joelle Christy, 2013 327.08

3-METER DIVING (11)

1. Nancilea Underwood, 2003 . 564.60
2. Lisette Planken, 2003 561.25
3. Kelly Johnson, 1986 494.65
4. Katy Ketoff, 1992 489.90
5. Sara Wolchko, 2001 480.50
6. Diane Goldworthy, 1985 478.44
7. Kelly McCready, 1994 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995..... 472.69
10. Ann Bowers, 1982..... 463.80

3-METER DIVING (12)

1. Nancilea Underwood, 2006 . 658.30



Macy Rink



Millie Sansome



**Mekenna
Scheitlin**



Emma Sougstad



Olivia Swalley



**Nancilea
Underwood**



Serena Wanasek

PLATFORM DIVING (5)

1. Lydia Lehnert, 2015.....312.20
- Calli Head, 2016.....312.20
2. **Geneva Pauly, 2024278.65**
3. Thelma Strandberg, 2018254.70
4. Joelle Christy, 2013234.75
5. Lauren Kelba, 2015.....230.20
6. Claire Hartley, 2023246.00
7. **Stephanie Avram, 2024237.85**
8. Sam Tamborksi, 2019.....215.80

PLATFORM DIVING (11)

1. Laura Maldonado, 1999.....497.89
2. Katy Ketoff, 1991445.67
3. Kelly McCready, 1996437.95

200 FREESTYLE RELAY

1. Kabacinski, Sougstad, Lavelle, Scheitlin, 20151:30.96
2. Burvill, Gilbertson, Schemmel, Fluit, 20201:31.09
3. Schemmel, Drake, Gilbertson, Rink, 20211:31.10
4. Burvill, Scheitlin, Lavelle, Schemmel, 2018.....1:31.18
5. Burvill, Schemmel, Sauer, McNamara, 2018.....1:31.36
6. Gilbertson, **Kerr, Swalley, Martin, 2023..... 1:31.46**
7. Gilbertson, **Martin**, Kupcova, **Pedersen**, 2023.....1:31.49
8. Sougstad, Kabacinski, Scheitlin, McNamara, 20151:31.52
9. Carty, Arseth, Cubelic, Hovren, 20121:31.68
10. Sougstad, Burvill, Scheitlin, Fluit, 2016.....1:31.73
- Kabacinski, Arseth, Tuchscherer, Orvis, 2013.....1:31.73

400 FREESTYLE RELAY

1. Burvill, Sougstad, Fluit, Wanasek, 2017.....3:18.83
2. Kupcova, **Kerr, Swalley, Martin, 2024.....3:19.26**
3. Fluit, Burvill, Schemmel, Rink, 20193:19.41
4. Fluit, Burvill, Gilbertson, Rink, 2020 3:19.42
5. Burvill, Fluit, McNamara, McDougall, 2019.....3:19.72
6. Gilbertson, Kupcova, **Pedersen, Martin**, 20233:20.08
7. Burvill, Fluit, McNamara, Schemmel, 20183:20.16
8. Fluit, O'Brien, Burvill, Scheitlin, 20173:20.31
9. Rink, Burvill, Fluit, Gilbertson, 20203:20.35
10. Kupcova, **Kerr, Swalley, Martin, 2024.....3:20.53**

800 FREESTYLE RELAY

1. Burvill, Fluit, Sansome, Rink, 20207:04.70
2. Burvill, Fluit, Lavelle, O'Brien, 2018.....7:08.06
3. Burvill, Fluit, McDougall, Drake, 2019.....7:10.10
4. Burvill, Sansome, Fluit, McDougall, 20197:11.57
5. Kabacinski, Hovren, Stoughton, Seemann, 2014..7:12.49
6. **Kerr, Kupcova, Swalley, Martin, 2024..... 7:12.57**
7. Stoughton, Kabacinski, Wanasek, Lagodzinska, 20157:12.86
8. Burvill, Fluit, Wanasek, O'Brien, 20177:14.79
9. Hovren, Stoughton, Seemann, Kabacinski, 2013..7:14.99
10. Rink, McDougall, Gilbertson, Graves, 20217:15.89

200 MEDLEY RELAY

1. Lavelle, Sougstad, Scheitlin, Burvill, 20171:38.99
2. Orvis, Sougstad, O'Brien, Kabacinski, 20151:39.18
3. Jekel, Hoyt, Hackett, Scheitlin, 20181:39.26
4. Orvis, Sougstad, McNamara, Kabacinski, 20161:39.27
5. Gilbertson, **Swalley, Martin, Kerr, 2023..... 1:39.59**
6. Sansome, Ohlensehlen, Drake, Gilbertson, 2020..1:39.94
7. Gilbertson, **Swalley**, Kupcova, **Kerr, 2024 1:39.95**
8. Seemann, Sougstad, Tuchscherer, Borja, 2014.....1:40.12
9. **Galvin, Swalley, Dildine, Hood, 2025 1:40.15**
10. Koluch, Olesiak, Jump, Black, 2021.....1:40.22

400 MEDLEY RELAY

1. Sansome, Olesiak, Drake, Burvill, 20203:36.18
2. Lavelle, Sougstad, Scheitlin, Burvill, 20173:36.71
3. Lavelle, Sougstad, McNamara, Kabacinski, 2016...3:36.72
4. Lavelle, Hoyt, McNamara, Burvill, 2018.....3:37.71
5. Lavelle, Sougstad, Lehnertz, Burvill, 20163:37.91
6. Koluch, Olesiak, Jump, Drake, 20213:37.98
7. Gilbertson, **Swalley, Martin, Kerr, 2023.....3:38.28**
8. Lavelle, Sougstad, Lehnertz, Stoughton, 2015.....3:38.68
9. Gilbertson, Schreiber, **Martin**, Kupcova, 2023.....3:39.13
10. Burvill, Ohlensehlen, Drake, Schemmel, 2019.....3:39.21