

# Important Safety and Product and Services Information

Last update: 15 May 2023

## IMPORTANT SAFETY AND PRODUCT INFORMATION

### REGARDING FITBIT PRODUCTS

Fitbit products may cause skin irritation.

Prolonged contact may contribute to skin irritation or allergies in some users. To reduce irritation, follow four simple wear and care tips: (1) keep it clean; (2) keep it dry; (3) don't wear it too tight, and (4) give your wrist a rest by removing the band for an hour after extended wear.

For more information visit [www.fitbit.com/product-care](https://www.fitbit.com/product-care). If you notice any skin irritation, remove your Fitbit product. If symptoms persist longer than 2-3 days after removing the device, consult your doctor.

Fitbit products contain electrical equipment that could cause injury if not handled properly. Proper handling includes, but is not limited to the following:

- If you feel soreness, tingling, numbness, burning or stiffness in your hands or wrists while or after wearing the product, please immediately discontinue use.
- Do not attempt to replace the battery, open the enclosure or disassemble your Fitbit product. Doing so will void the warranty and can result in a safety hazard.\*
- Do not use your Fitbit product if the display is cracked.
- Substances in a Fitbit product and its battery may harm the environment or cause injury if handled and disposed of improperly.
- Do not expose your Fitbit product to extremely high or low temperatures.
- Do not use your Fitbit product in a sauna or steam room.
- Do not use abrasive cleaners to clean your Fitbit product.
- Remove your Fitbit product immediately if it feels warm or hot.
- Charge the battery in accordance with the instructions provided during setup. Only use a power supply that is certified by a recognised testing laboratory and an authorised Fitbit charging cable.\*
- Do not wear your Fitbit product while charging it.\*
- Do not charge your Fitbit product while it is wet.\*

\*The above instructions do not apply to Fitbit Zip, which has a replaceable battery. Do not attempt to recharge your Zip.

Consult your doctor before use if you have any pre-existing conditions that might be affected by your use of any Fitbit product or service.

Do not check call or other notifications, GPS, or other applications on the product's display while driving or in other situations where distractions could be hazardous. Always be aware of your surroundings when using Fitbit's products and services.

A Fitbit product is not a toy. Some Fitbit products contains small components that could be a choking hazard, and are not intended for use by small children. Fitbit products are not intended for use by pets.

Unless otherwise specified, Fitbit products and services are not a medical devices, and are not intended to diagnose, treat, cure or prevent any disease. With regard to accuracy, Fitbit has developed products and services to track certain wellness information as accurately as reasonably possible. The accuracy of Fitbit's products and services is not intended to be equivalent to medical devices or scientific measurement devices.

Please refer to [help.fitbit.com](https://help.fitbit.com) for specific information regarding water resistance for Fitbit products.

Special notice for Fitbit products utilising PurePulse technology:

PurePulse products have a heart rate tracking feature that may pose risks to users with certain health conditions.

Consult your doctor prior to use if you:

- have a medical or heart condition;
- are taking any photosensitive medicine;
- have epilepsy or are sensitive to flashing lights;
- have reduced circulation or bruise easily; or
- have tendonitis, carpal tunnel syndrome, or other musculoskeletal disorders.

## SPECIAL NOTICE FOR USING FITBIT MENSTRUAL HEALTH TRACKING FEATURE:

This feature is not intended to be used for contraceptive or other medical purposes. Fitbit does not guarantee or warrant that this feature can be used to achieve particular results. This feature may not accurately predict your menstrual cycles or related information. This feature is intended only to help users monitor and keep track of certain information.

For additional information on using your Fitbit account, and Fitbit's products and services, visit [www.fitbit.com/legal/terms-of-service](http://www.fitbit.com/legal/terms-of-service).

## REGULATORY INFORMATION

### Federal Communications Commission (FCC) Statement

This device complies with part 15 FCC Rules.

Industry Canada (IC) Information: This Class B digital apparatus complies with CAN ICES-3 (B)/NMB-3(B).

Fitbit CE Declarations of Conformity for Fitbit Products can be downloaded here:

- Download the CE Declaration of Conformity for Fitbit One
- Download the CE Declaration of Conformity for Fitbit Dongle
- Download the CE Declaration of Conformity for Fitbit Aria
- Download the CE Declaration of Conformity for Fitbit Zip
- Download the CE Declaration of Conformity for Fitbit Flex
- Download the CE Declaration of Conformity for Fitbit Flex 2
- Download the CE Declaration of Conformity for Fitbit Force
- Download the CE Declaration of Conformity for Fitbit Charge
- Download the CE Declaration of Conformity for Fitbit ChargeHR

- Download the CE Declaration of Conformity for Fitbit Charge 2
- Download the CE Declaration of Conformity for Fitbit Alta
- Download the CE Declaration of Conformity for Fitbit AltaHR
- Download the CE Declaration of Conformity for Fitbit Blaze
- Download the CE Declaration of Conformity for Fitbit Surge
- Download the CE Declaration of Conformity for Fitbit Flyer
- Download the CE Declaration of Conformity for Fitbit Ionic
- Download the CE Declaration of Conformity for Fitbit Aria2
- Download the CE Declaration of Conformity for Fitbit Versa
- Download the UK Declaration of Conformity for Fitbit Versa
- Download the CE Declaration of Conformity for Fitbit Versa (NFC)
- Download the UK Declaration of Conformity for Fitbit Versa (NFC)
- Download the CE Declaration of Conformity for Fitbit Ace
- Download the CE Declaration of Conformity for Fitbit Charge 3
- Download the UK Declaration of Conformity for Fitbit Charge 3
- Download the CE Declaration of Conformity for Fitbit Charge 3 (NFC)
- Download the UK Declaration of Conformity for Fitbit Charge 3 (NFC)
- Download the CE Declaration of Conformity for Fitbit Ace 2
- Download the UK Declaration of Conformity for Fitbit Ace 2
- Download the CE Declaration of Conformity for Fitbit Inspire
- Download the UK Declaration of Conformity for Fitbit Inspire
- Download the CE Declaration of Conformity for Fitbit Inspire HR
- Download the UK Declaration of Conformity for Fitbit Inspire HR
- Download the CE Declaration of Conformity for Fitbit Versa Lite
- Download the UK Declaration of Conformity for Fitbit Versa Lite
- Download the CE Declaration of Conformity for Fitbit Versa 2
- Download the UK Declaration of Conformity for Fitbit Versa 2
- Download the CE Declaration of Conformity for Fitbit Aria Air
- Download the UK Declaration of Conformity for Fitbit Aria Air

- Download the CE Declaration of Conformity for Fitbit Charge 4
- Download the UK Declaration of Conformity for Fitbit Charge 4
- Download the CE Declaration of Conformity for Fitbit Inspire 2
- Download the UK Declaration of Conformity for Fitbit Inspire 2
- Download the CE Declaration of Conformity for Fitbit Versa 3
- Download the UK Declaration of Conformity for Fitbit Versa 3
- Download the CE Declaration of Conformity for Fitbit Sense
- Download the UK Declaration of Conformity for Fitbit Sense
- Download the CE Declaration of Conformity for Fitbit Ace 3
- Download the UK Declaration of Conformity for Fitbit Ace 3
- Download the CE Declaration of Conformity for Fitbit Luxe
- Download the UK Declaration of Conformity for Fitbit Luxe
- Download the CE Declaration of Conformity for Fitbit Charge 5
- Download the UK Declaration of Conformity for Fitbit Charge 5
- Download the CE Declaration of Conformity for Fitbit Charge 5 (PMIC)
- Download the UK Declaration of Conformity for Fitbit Charge 5 (PMIC)
- Download the CE Declaration of Conformity for Fitbit Inspire 3
- Download the UK Declaration of Conformity for Fitbit Inspire 3
- Download the CE Declaration of Conformity for Fitbit Sense 2
- Download the UK Declaration of Conformity for Fitbit Sense 2
- Download the CE Declaration of Conformity for Fitbit Versa 4
- Download the UK Declaration of Conformity for Fitbit Versa 4

Google CE Declarations of Conformity for Fitbit Products can be downloaded here:

- Download the CE Declaration of Conformity for Fitbit Aria Air
- Download the UK Declaration of Conformity for Fitbit Aria Air
- Download the CE Declaration of Conformity for Fitbit Inspire 2
- Download the UK Declaration of Conformity for Fitbit Inspire 2
- Download the CE Declaration of Conformity for Fitbit Ace 3
- Download the UK Declaration of Conformity for Fitbit Ace 3
- Download the CE Declaration of Conformity for Fitbit Luxe
- Download the UK Declaration of Conformity for Fitbit Luxe
- Download the CE Declaration of Conformity for Fitbit Charge 5
- Download the UK Declaration of Conformity for Fitbit Charge 5
- Download the CE Declaration of Conformity for Fitbit Charge 5 (PMIC)
- Download the UK Declaration of Conformity for Fitbit Charge 5 (PMIC)
- Download the CE Declaration of Conformity for Fitbit Inspire 3
- Download the UK Declaration of Conformity for Fitbit Inspire 3
- Download the CE Declaration of Conformity for Fitbit Sense 2
- Download the UK Declaration of Conformity for Fitbit Sense 2
- Download the CE Declaration of Conformity for Fitbit Versa 4
- Download the UK Declaration of Conformity for Fitbit Versa 4

For other regional-specific compliance information, please visit [help.fitbit.com](https://help.fitbit.com).

Download the appropriate user manual for your product and go to the Regulatory and Safety Notices section.

Disposal and Recycling Information. The symbol on the product or its packaging signifies that this product must be disposed of separately from ordinary household waste at its end-of-life because it contains a battery and is electronic equipment. Ensure that you dispose of your Fitbit product at a recycling centre.

Each country in the European Union has its own collection centres for batteries and electronic equipment recycling. For information about where to recycle your Fitbit product, please visit [help.fitbit.com](https://help.fitbit.com), or contact your local waste management authority or the retailer where you bought the product.

- Do not dispose of your Fitbit product with household waste.
- Disposal of the packaging and your Fitbit product should be done in accordance with local regulations.
- Batteries are not to be disposed of in municipal waste stream and require separate collection.

## LIMITED PRODUCT WARRANTY

For information on product warranties and returns, visit [www.fitbit.com/returns](https://www.fitbit.com/returns).