



# NCAA Division I Southeast Regional

Milliken Research Park  
Spartanburg, SC- Hosted by USC Upstate  
November 10, 2023



## Results Men 10k

TEMPERATURE  
68 °

HUMIDITY  
89%

CONDITIONS  
RAIN

PI	Athlete Name	Affiliation	2k	5k	8.5k	Time	Pts
1	Dylan Schubert	JR Furman	5:46.2 (5) ▲3	14:24.2 (2) ▼2	24:49.2 (4) ▲3	28:51.2	1
2	Parker Wolfe	JR North Carolina	5:46.2 (5) ▲1	14:24.3 (4) ▲3	24:48.9 (1) ▼1	28:53.3	2
3	Alex Phillip	SR North Carolina	5:46.4 (11) ▲4	14:24.6 (7) ▲5	24:49.0 (2) ▼1	28:53.3	3
4	Nickolas Scudder	SR Charlotte	5:45.8 (1) —	14:24.0 (1) ▼1	24:49.0 (2) ▼2	28:55.3	4
5	Luke Tewalt	JR Wake Forest	5:46.9 (23) ▲12	14:25.3 (11) ▲5	24:50.8 (6) ▲1	28:59.7	5
6	Ethan Strand	JR North Carolina	5:46.3 (8) —	14:24.9 (8) —	24:56.4 (8) ▲2	29:02.8	6
7	Will Anthony	SO Virginia	5:46.3 (8) —	—	24:57.9 (9) ▲2	29:03.7	7
8	Nikodem Dworzak	SR Eastern Kentucky	5:47.8 (40) ▲27	14:25.6 (13) ▲6	24:56.2 (7) ▼1	29:12.4	8
9	Jake Gebhardt	SR North Carolina	5:47.3 (32) ▲23	14:25.1 (9) ▼1	24:58.2 (10) ▲1	29:15.5	9
10	Taha Er Raouy	FR Eastern Kentucky	5:46.5 (13) ▲8	14:24.4 (5) ▼6	25:01.9 (11) ▲1	29:19.2	10
11	Mohammed Jouhari	SO Eastern Kentucky	5:46.2 (5) ▼4	14:25.1 (9) ▼5	25:07.7 (14) ▲3	29:20.3	11
12	Hannes Burger	SR NC State	5:51.9 (77) ▲50	14:32.1 (27) ▲12	25:08.1 (15) ▲3	29:23.3	12
13	Carson Williams	JR Furman	5:46.4 (11) ▲9	14:24.2 (2) ▼14	25:12.7 (16) ▲3	29:27.6	13
14	Nathan Mountain	SO Virginia	5:47.1 (28) ▲17	14:25.3 (11) ▼1	25:04.8 (12) ▼2	29:29.4	14
15	Brett Gardner	JR NC State	5:49.5 (60) ▲33	14:32.1 (27) ▲14	25:07.1 (13) ▼2	29:29.4	15
16	Abdelhakim Abouzouhir	SR Eastern Kentucky	5:46.1 (4) ▼14	14:27.5 (18) —	25:17.7 (18) ▲2	29:31.3	16
17	Nicholas Kiprotich	JR Liberty	5:45.9 (2) ▼20	14:28.5 (22) ▲5	25:15.8 (17) —	29:32.5	17
18	Colton Sands	SO North Carolina	5:47.5 (37) ▲17	14:28.2 (20) ▼7	25:26.0 (27) ▲9	29:33.1	18
19	Joseph O'Brien	FR Wake Forest	5:47.0 (25) —	14:31.5 (25) ▲5	25:18.8 (20) ▲1	29:34.1	19
20	Jaden Kingsley	SR Charleston Southern	5:48.3 (47) ▲23	14:30.3 (24) ▲3	25:21.5 (21) ▲1	29:35.7	20
21	Toby Gualter	JR NC State	5:51.8 (76) ▲43	14:33.9 (33) ▲7	25:25.8 (26) ▲5	29:36.3	21
22	Wesley Bond	JR George Mason	5:47.9 (41) ▲12	14:32.8 (29) ▲4	25:25.5 (25) ▲3	29:37.2	22
23	Daniel McGoey	JR NC State	5:48.8 (52) ▲36	14:26.4 (16) ▼3	25:18.5 (19) ▼4	29:37.7	23
24	Yasin Sado	JR Virginia	5:46.3 (8) ▼10	14:27.5 (18) ▼4	25:23.6 (22) ▼2	29:38.8	24
25	Victor Ndiwa	SO Clemson	5:52.0 (78) ▲40	14:38.7 (38) ▲9	25:27.8 (29) ▲4	29:39.7	25
26	Maddon Muhammad	SO Charlotte	5:46.7 (17) ▼6	14:28.8 (23) —	25:24.4 (23) ▼3	29:43.3	26
27	Ahmed Kadri	JR Eastern Kentucky	5:46.7 (17) —	14:26.6 (17) ▼11	25:26.4 (28) ▲1	29:47.1	27
28	Gidion Sigei	JR Norfolk State	5:49.2 (55) ▲29	14:31.7 (26) ▲2	25:25.0 (24) ▼4	29:47.6	28
29	Hunter White	JR Charlotte	5:46.7 (17) ▼4	14:28.4 (21) ▼10	25:34.9 (31) ▲2	29:55.6	29
30	Jake Allen	JR Kentucky	5:47.1 (28) ▲14	14:25.7 (14) ▼16	25:28.6 (30) —	29:58.0	30
31	Gavin Ehlers	FR Wake Forest	5:50.3 (66) ▲23	14:39.9 (43) ▲9	25:41.3 (34) ▲3	29:58.2	31
32	Austin Gabay	SR Duke	5:46.6 (15) ▼17	14:33.4 (32) —	25:35.2 (32) —	29:58.4	32
33	Jared Kreis	SR Duke	5:49.3 (56) ▲4	14:46.0 (52) ▲8	25:49.9 (44) ▲11	29:58.8	33



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34	Micah Gilpatric	JR	Charleston Southern	5:47.0 (25)	▲20	14:24.4 (5)	—	24:49.4 (5)	▼29	29:59.4	34
35	Zach Hughes	JR	NC State	5:52.4 (83)	▲37	14:41.9 (46)	▲9	25:46.6 (37)	▲2	30:01.6	35
36	Keeton Thornsberry	JR	Eastern Kentucky	5:49.8 (63)	▲27	14:37.3 (36)	▼2	25:46.7 (38)	▲2	30:03.6	36
37	Natnael Weldemichael	SO	Northern Kentucky	5:52.8 (87)	▲40	14:42.4 (47)	▲8	25:46.9 (39)	▲2	30:05.2	37
38	Charlie Sprott	FR	Wake Forest	5:47.2 (30)	▼11	14:39.5 (41)	▼1	25:47.2 (42)	▲4	30:06.9	38
39	Sam Rivera	SR	Duke	5:46.5 (13)	▼32	14:41.4 (45)	▲9	25:45.6 (36)	▼3	30:08.6	39
40	Declan Rymer	SO	Virginia Tech	5:49.4 (58)	▲9	14:43.3 (49)	▲9	25:47.1 (40)	—	30:09.3	40
41	Gitch Hayes	FR	North Carolina	5:47.6 (39)	▲4	14:35.6 (35)	▼5	25:47.1 (40)	▼1	30:09.7	41
42	Sawyer Dagan	JR	Clemson	5:53.2 (91)	▲51	14:39.0 (40)	▲5	25:42.2 (35)	▼7	30:10.9	42
43	Oliver Wilson-Cook	SR	App State	5:52.9 (89)	▲32	14:47.9 (57)	▲11	25:50.9 (46)	▲3	30:11.6	43
44	Hunter Jones	FR	Wake Forest	5:47.4 (34)	▼33	14:51.9 (67)	▲14	26:01.2 (53)	▲9	30:13.3	44
45	Raphael Kitur	JR	Norfolk State	5:52.6 (86)	▲20	14:51.0 (66)	▲19	25:54.8 (47)	▲2	30:13.3	45
46	Justin Wachtel	SO	Virginia	5:47.9 (41)	▲7	14:35.3 (34)	▼9	25:49.4 (43)	▼3	30:16.5	46
47	Hayes Trapp	FR	William & Mary	5:51.4 (73)	▲13	14:48.5 (60)	▲8	25:58.3 (52)	▲5	30:16.7	47
48	Jacob Hess	SO	Liberty	5:48.5 (49)	▼5	14:46.9 (54)	▲6	25:56.2 (48)	—	30:17.2	48
49	Jacob Hunter	SR	Virginia	5:48.1 (45)	▼5	14:43.7 (50)	—	25:57.0 (50)	▲1	30:17.3	49
50	Calbert Guest	JR	App State	5:56.0 (99)	▲27	14:54.9 (72)	▲9	26:05.1 (63)	▲13	30:18.6	50
51	Adam Hessler	JR	UNC-Asheville	5:48.7 (51)	—	14:44.4 (51)	▼4	26:01.5 (55)	▲4	30:20.6	51
52	Jackson O'Hara	JR	Charlotte	5:47.4 (34)	▼31	14:50.2 (65)	▲16	25:56.7 (49)	▼3	30:20.8	52
53	Patrick North	JR	William & Mary	5:51.2 (72)	▲9	14:49.6 (63)	▲12	25:57.4 (51)	▼2	30:21.7	53
54	Alec Esposito	SR	Charlotte	5:45.9 (2)	▼53	14:47.3 (55)	▼2	26:02.4 (57)	▲3	30:22.6	54
55	Kyle Harkabus	JR	Liberty	5:48.0 (44)	▼14	14:48.2 (58)	—	26:02.6 (58)	▲3	30:23.1	55
56	Dwayne Lillie	JR	App State	6:01.2 (131)	▲41	15:04.5 (90)	▲23	26:13.5 (67)	▲11	30:23.6	56
57	Brian Rotich	JR	Norfolk State	5:55.9 (98)	▲28	14:53.8 (70)	▲16	26:01.4 (54)	▼3	30:23.8	57
58	Sam Waldin	JR	Charleston Southern	5:52.3 (81)	▲25	14:47.6 (56)	▼8	26:05.8 (64)	▲6	30:24.0	58
59	Mason Love	SO	George Mason	6:02.3 (141)	▲54	15:02.1 (87)	▲26	26:04.3 (61)	▲2	30:24.3	59
60	Wes Porter	JR	Virginia	5:46.9 (23)	▼21	14:40.2 (44)	▼15	26:02.9 (59)	▼1	30:25.4	60
61	David Ahlmeyer	SR	Furman	5:47.2 (30)	▼11	14:39.5 (41)	▼3	25:49.9 (44)	▼17	30:26.4	61
62	Jorge Ruiz	SR	Murray State	5:58.9 (124)	▲41	15:00.5 (83)	▲17	26:10.0 (66)	▲4	30:28.4	62
63	Zubeir Dagane	JR	Duke	5:46.7 (17)	▼44	14:48.6 (61)	▼1	26:04.6 (62)	▼1	30:29.0	63
64	Jordan Bendura	JR	Richmond	5:47.5 (37)	▼2	14:38.9 (39)	▼21	26:03.2 (60)	▼4	30:29.5	64
65	Michael Keehan	SR	Duke	5:49.4 (58)	▼10	14:52.0 (68)	▼4	26:20.4 (72)	▲7	30:34.3	65
66	Rynard Swanepoel	JR	Wake Forest	5:49.3 (56)	▼6	14:49.1 (62)	▼3	26:08.8 (65)	▼1	30:34.3	66
67	Ian Harrison	JR	NC State	5:50.0 (65)	▲34	14:33.1 (31)	▼37	26:14.8 (68)	▲1	30:39.1	67
68	Sam Hubert	JR	Virginia Tech	5:48.6 (50)	▼21	14:54.3 (71)	▲2	26:15.4 (69)	▲1	30:44.0	68
69	Nicholas Goldstein	JR	Furman	5:47.3 (32)	▼32	14:49.8 (64)	▼6	26:15.5 (70)	▲1	30:46.0	69



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70	Peyton Golden	SO	William & Mary	5:55.4 (96)			26:26.5 (74)	▲4	30:47.1	70	
71	Innocent Ntwali	FR	Louisville	5:57.2 (114)	▲20	15:06.4 (94)	▲18	26:28.9 (76)	▲5	30:47.8	71
72	Enock Kipchumba	SR	Eastern Kentucky	5:46.8 (21)	▼9	14:32.9 (30)	▼26	26:01.9 (56)	▼16	30:48.4	72
73	Alex Alston	FR	Kentucky	5:58.7 (123)	▲46	14:57.3 (77)	▲6	26:16.6 (71)	▼2	30:49.5	73
74	Griffin Gillespie	FR	Charleston Southern	6:02.9 (144)	▲35	15:14.7 (109)	▲20	26:36.0 (89)	▲15	30:51.3	74
75	Aidan Ross	FR	Wake Forest	5:56.2 (102)	▼12	15:18.2 (114)	▲30	26:33.4 (84)	▲9	30:53.5	75
76	Ryan Chevalier	FR	Virginia Tech	5:56.9 (112)	▲19	15:05.9 (93)	▲10	26:32.8 (83)	▲7	30:55.0	76
77	Hunter Steinau	SR	High Point	5:49.1 (54)	▼5	14:48.4 (59)	▼19	26:29.6 (78)	▲1	30:56.1	77
78	Jackson Watts	JR	Kentucky	5:51.0 (69)	▼7	14:57.2 (76)	▼3	26:30.4 (79)	▲1	30:58.3	78
79	Gary Martin	SO	Virginia	5:46.8 (21)	▼16	14:38.0 (37)	▼36	26:21.3 (73)	▼6	31:00.4	79
80	Arnav Tikhe	JR	Virginia Tech	5:47.0 (25)	▼23	14:43.0 (48)	▼27	26:28.5 (75)	▼5	31:02.0	80
81	Jake Toomey	JR	NC State	5:53.0 (90)	▲16	14:56.3 (74)	▼16	26:38.2 (90)	▲9	31:02.2	81
82	Nahim Abdallah	JR	VCU	5:56.7 (108)	▲6	15:12.5 (102)	▲14	26:35.3 (88)	▲6	31:03.1	82
83	Daren Hinds	JR	Winthrop	5:56.7 (108)	▲24	15:01.0 (84)	▲4	26:31.6 (80)	▼3	31:04.2	83
84	Ben Nagel	SR	Virginia Tech	5:49.7 (61)	▼18	14:58.7 (79)	▼3	26:32.6 (82)	▼2	31:05.5	84
85	Daniel Hopkins	JR	UNC-Asheville	5:58.4 (120)	▲5	15:18.4 (115)	▲15	26:48.0 (100)	▲15	31:05.8	85
86	Samuel Garringer	SR	Clemson	5:57.6 (116)	▲28	15:02.8 (88)	▼7	26:43.7 (95)	▲9	31:06.5	86
87	Joshua Daggett	JR	Radford	5:52.8 (87)	▼12	15:11.1 (99)	▼2	26:48.8 (101)	▲14	31:07.4	87
88	Jeff Wedding	SO	Charleston Southern	6:00.1 (127)	▲41	15:01.4 (86)	▲5	26:32.2 (81)	▼7	31:08.3	88
89	Henry Haase	SO	Richmond	6:02.6 (142)	▲32	15:15.7 (110)	▲14	26:43.8 (96)	▲7	31:08.5	89
90	Evan Taylor	SO	Elon	6:12.3 (175)	▲34	15:35.4 (141)	▲37	26:49.3 (104)	▲14	31:08.5	90
91	Trevor Mason	FR	Virginia Tech	5:53.5 (92)	▲3	15:03.1 (89)	▼2	26:39.4 (91)	—	31:08.6	91
92	Harper Moore	JR	Kentucky	5:52.4 (83)	▼8	15:05.5 (91)	▲5	26:34.8 (86)	▼6	31:09.7	92
93	Nate Jennings	JR	William & Mary	5:50.8 (67)	▼14	14:59.4 (81)	▼11	26:41.2 (92)	▼1	31:10.6	93
94	Jack Cottrell	JR	Liberty	5:48.4 (48)	▼21	14:52.4 (69)	▼16	26:34.1 (85)	▼9	31:11.9	94
95	Alex Sawyer	SO	East Carolina	5:51.1 (71)	▼11	15:00.4 (82)	▼5	26:35.2 (87)	▼8	31:12.3	95
96	Ethan Kern	JR	Kentucky	5:59.6 (126)	▲15	15:17.4 (111)	▲17	26:43.3 (94)	▼2	31:13.1	96
97	Colton O'Hara	SO	Northern Kentucky	6:05.0 (151)	▲30	15:25.1 (121)	▲20	26:48.8 (101)	▲4	31:13.6	97
98	Jonah Bird	SR	App State	5:56.9 (112)	▲6	15:13.7 (106)	▲1	26:50.1 (105)	▲7	31:16.2	98
99	Ethan Lipham	SO	App State	6:01.7 (135)	▲34	15:12.3 (101)	▲3	26:44.7 (98)	▼1	31:18.0	99
100	Stuart Terrill	JR	Richmond	5:58.5 (121)	▲23	15:08.8 (98)	▲5	26:42.0 (93)	▼7	31:18.3	100
101	Nehemiah Cionelo	SR	Coastal Carolina	5:58.3 (119)	▲7	15:17.5 (112)	▲6	26:50.5 (106)	▲5	31:21.3	101
102	Jacob Barrow	FR	VCU	5:54.7 (93)	▼2	15:07.2 (95)	▼4	26:47.3 (99)	▼3	31:22.8	102
103	Braden Lange	SR	Charlotte	5:47.4 (34)	▼41	14:56.9 (75)	▼34	26:52.4 (109)	▲6	31:23.6	103
104	Brendan DiStefano	SO	William & Mary	5:56.3 (103)	▼2	15:13.1 (105)	▼6	26:52.8 (111)	▲7	31:23.8	104
105	Ian Miller	SO	High Point	5:56.5 (106)	▲9	15:08.6 (97)	▼11	26:51.7 (108)	▲3	31:25.6	105



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106	Jack Stansell	JR	Louisville	5:50.8 (67)	▼29	15:07.3 (96)	▼7	26:48.9 (103)	▼3	31:26.7	106
107	Edward Bird	FR	Kentucky	5:49.7 (61)	▼19	14:59.2 (80)	▼27	26:51.6 (107)	—	31:27.8	107
108	Luke Taylor	FR	Furman	5:55.8 (97)	▲5	15:05.8 (92)	▼4	26:43.8 (96)	▼12	31:28.7	108
109	Jake Tarosky	SR	High Point	5:56.5 (106)	▼2	15:14.5 (108)	▼6	26:58.3 (114)	▲5	31:29.3	109
110	Jan Malek	FR	UNC-Asheville	6:03.9 (149)	▲27	15:26.0 (122)	▲5	27:04.1 (117)	▲7	31:30.3	110
111	Beck Wittstadt	JR	Duke	5:52.3 (81)	▼34	15:18.4 (115)	▼6	27:08.3 (121)	▲10	31:30.3	111
112	Grahm Breiter	JR	Davidson	5:59.4 (125)	▲7	15:18.8 (118)	▲6	26:53.2 (112)	—	31:30.9	
113	Alec Fleming	SR	Virginia Tech	5:51.6 (74)	▼4	14:58.3 (78)	▼37	26:59.0 (115)	▲2	31:32.6	112
114	Dylan Nolan	FR	Clemson	6:10.5 (170)	▲51	15:22.0 (119)	▲1	27:05.3 (118)	▲4	31:37.1	113
115	Gavin Mogck	FR	George Mason	5:52.0 (78)	▼25	15:12.6 (103)	▼10	26:54.8 (113)	▼2	31:37.3	114
116	Keaton Anderson	SR	Charlotte	5:49.9 (64)	▼21	15:01.2 (85)	▼25	26:52.5 (110)	▼6	31:39.0	115
117	Ben Datte	JR	App State	6:01.3 (133)	▲20	15:18.0 (113)	▼6	27:07.3 (119)	▲2	31:41.6	116
118	Alex Deroussel	FR	George Mason	6:01.9 (137)	▼2	15:33.3 (139)	▲7	27:23.4 (132)	▲14	31:42.6	117
119	Caleb Kenyon	SO	Charleston Southern	5:52.5 (85)	▲12	14:56.0 (73)	▼43	27:01.2 (116)	▼3	31:43.2	118
120	Samuel Pritchard	JR	William & Mary	5:56.1 (100)	▼15	15:18.4 (115)	▼7	27:09.2 (122)	▲2	31:43.4	119
121	Kevin Shank	FR	VMI	6:08.8 (160)	▲16	15:36.9 (144)	▲17	27:18.1 (127)	▲6	31:45.3	
122	Forest MacKenzie	SR	Louisville	5:56.4 (104)	▼36	15:34.4 (140)	▲14	27:16.4 (126)	▲4	31:46.7	120
123	Ethan Pedersen	FR	Liberty							31:48.4	121
124	Kyler Koning	JR	High Point	6:01.2 (131)	▲4	15:27.3 (127)	▲2	27:14.8 (125)	▲1	31:48.6	122
125	Matthew Smith	SO	Furman	5:56.7 (108)	▲1	15:14.4 (107)	▼13	27:07.8 (120)	▼5	31:49.0	123
126	Luke Richards	JR	Radford	6:13.7 (178)	▲30	15:42.3 (148)	▲14	27:24.2 (134)	▲8	31:49.9	124
127	Colin McCauley	JR	East Carolina	5:51.6 (74)	▼30	15:12.9 (104)	▼20	27:13.3 (124)	▼3	31:50.6	125
128	Luke Ward	SO	UNC-Greensboro	6:03.6 (148)	▲24	15:26.7 (124)	▲1	27:11.5 (123)	▼5	31:51.5	
129	Tucker Sangster	SO	App State	6:06.0 (154)	▲22	15:30.0 (132)	▲2	27:19.8 (130)	▲1	31:52.5	126
130	Ethan Meyer	SR	Louisville	5:55.2 (94)	▼35	15:28.8 (129)	—	27:19.7 (129)	▼1	31:53.1	127
131	Liam Hagerty Hagerty	FR	Davidson	6:02.2 (140)	▲10	15:29.7 (130)	▼3	27:23.9 (133)	▲2	31:53.7	
132	Jarod Willis	SR	Murray State	6:06.6 (155)	▲20	15:30.4 (135)	▲4	27:21.8 (131)	▼1	31:54.2	128
133	Luke Wiley	FR	North Carolina	5:48.9 (53)	▼47	15:11.4 (100)	▼28	27:18.4 (128)	▼5	31:56.8	129
134	Brandon Garcia	SR	Clemson	6:00.8 (129)	▼13	15:35.5 (142)	▲7	27:24.6 (135)	▲1	31:58.6	130
135	Victor Jumo	SO	Norfolk State	6:10.1 (167)	▲13	15:48.3 (154)	▲17	27:31.0 (137)	▲2	32:00.7	131
136	Kyler Stewart	JR	Morehead State	6:19.5 (198)	▲27	15:57.5 (171)	▲27	27:36.4 (144)	▲8	32:02.4	132
137	Ted Sielatycki	SR	East Carolina	5:55.2 (94)	▼39	15:30.1 (133)	▼5	27:31.9 (138)	▲1	32:05.5	133
138	Alex Haines	SR	UNC-Asheville	6:05.5 (153)	▲3	15:43.9 (150)	▲7	27:35.5 (143)	▲5	32:06.2	134
139	Nicky Alexander	SR	Louisville	5:52.0 (78)	▼45	15:26.3 (123)	▼15	27:31.9 (138)	▼1	32:07.8	135
140	Cooper Kleckner	SO	East Carolina	5:56.1 (100)	▼28	15:27.9 (128)	▼8	27:26.9 (136)	▼4	32:08.7	136
141	Sam Sikora	JR	Radford	6:13.7 (178)	▲29	15:43.4 (149)	▲4	27:37.0 (145)	▲4	32:09.8	137



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142	Daniel King	JR	Elon	6:17.2 (190)	▲27	15:52.8 (163)	▲16	27:39.6 (147)	▲5	32:11.2	138
143	Evans Pololet	JR	Norfolk State	6:05.1 (152)	▼1	15:47.0 (153)	▲7	27:37.9 (146)	▲3	32:12.4	139
144	Quinn Jacquez	SO	UNC-Asheville	6:03.2 (146)	▲9	15:32.7 (137)	▼13	27:47.0 (150)	▲6	32:15.3	140
145	Peyton Fairchild	JR	Morehead State	6:08.1 (158)	▲22	15:32.3 (132)	▼6	27:35.0 (142)	▼3	32:16.1	141
146	Patrick Lowry	FR	VMI	6:16.8 (187)	▲21	15:56.6 (166)	▲17	27:42.8 (149)	▲3	32:17.5	
147	Cade Byer	SO	Kentucky	6:03.5 (147)	▲14	15:30.1 (133)	▼8	27:34.0 (141)	▼6	32:18.4	142
148	Mitchel Drees	FR	Col. of Charleston	6:29.1 (212)	▲28	16:07.4 (184)	▲28	27:53.6 (156)	▲8	32:22.4	143
149	Nathan Mars	SO	Elon	6:17.9 (193)	▲24	15:57.1 (169)	▲18	27:47.8 (151)	▲2	32:22.6	144
150	Reuben Kosche	SR	High Point	6:01.0 (130)	▲10	15:24.8 (120)	▼28	27:40.4 (148)	▼2	32:23.8	145
151	Kai Muniz	SR	George Mason	6:01.9 (137)	▼14	15:44.4 (151)	▼4	27:53.2 (155)	▲4	32:25.1	146
152	Ryan Sula	SO	Clemson	6:15.2 (184)	▲32	15:46.4 (152)	▼2	27:51.6 (154)	▲2	32:32.2	147
153	Alex Murphy	JR	George Mason	6:02.6 (142)	▲4	15:33.1 (138)	▼2	27:33.3 (140)	▼13	32:32.9	148
154	Andrew Okon	JR	UNC-Asheville	6:03.0 (145)	—	15:37.3 (145)	▼7	27:48.4 (152)	▼2	32:34.4	149
155	Nicholas Emmert	SO	George Mason	5:56.7 (108)	▼17	15:26.9 (125)	▼28	27:49.6 (153)	▼2	32:35.7	150
156	Jack McManus	SR	Clemson	6:13.3 (177)	—	16:00.8 (177)	▲14	28:04.7 (163)	▲7	32:37.3	151
157	Maxton Sowers	SO	Radford	6:14.7 (182)	▲23	15:51.2 (159)	▼2	28:00.9 (161)	▲4	32:37.7	152
158	Vicente Correia	SR	Murray State	6:01.5 (134)	▼22	15:48.7 (156)	▼12	28:05.7 (168)	▲10	32:40.8	153
159	Aiden Morrison	SO	High Point	5:57.6 (116)	▼30	15:38.4 (146)	▼16	28:04.6 (162)	▲3	32:40.8	154
160	Joe Lavelle	FR	Elon	6:21.6 (202)	▲14	16:10.6 (188)	▲23	28:05.1 (165)	▲5	32:41.2	155
161	Nigel Dos Santos	SR	USC Upstate	6:12.6 (176)	▲19	15:48.9 (157)	▼2	27:59.0 (159)	▼2	32:45.3	156
162	Nash Mills	SO	UNCW	6:28.8 (208)	▲23	16:07.8 (185)	▲28	27:56.5 (157)	▼5	32:47.3	
163	Jacob Line	SO	Northern Kentucky	6:07.6 (157)	▲14	15:36.2 (143)	▼15	27:56.8 (158)	▼5	32:49.1	157
164	Adam Groves	FR	Coastal Carolina	6:19.0 (197)	▲16	16:04.3 (181)	▲6	28:15.2 (175)	▲11	32:49.5	158
165	Jacob Vogelpohl	JR	Morehead State	6:28.4 (206)	▲12	16:15.2 (194)	▲17	28:16.8 (177)	▲12	32:50.4	159
166	Eric Scully	FR	Richmond	6:09.6 (165)	▲5	15:51.3 (160)	—	27:59.7 (160)	▼6	32:52.6	160
167	Jason Krell	JR	Louisville	6:08.9 (161)	▼3	15:53.1 (164)	▼3	28:05.5 (167)	—	32:53.5	161
168	Conner O'Shea	JR	East Carolina	5:56.4 (104)	▼51	15:48.5 (155)	▼9	28:04.9 (164)	▼4	32:54.4	162
169	Julian John	SO	Coastal Carolina	6:17.5 (191)	▲12	16:01.9 (179)	▲1	28:17.5 (178)	▲9	32:55.0	163
170	Jackson Reid	JR	Col. of Charleston	6:29.2 (213)	▲26	16:10.2 (187)	▲13	28:14.0 (174)	▲4	32:55.9	164
171	Jaden Luczak	JR	VCU	6:27.4 (205)	▲13	16:13.7 (192)	▲13	28:20.7 (179)	▲8	32:57.0	165
172	John Cooper	FR	Davidson	6:02.1 (139)	▲8	15:29.8 (131)	▼35	28:05.3 (166)	▼6	32:58.2	
173	Jason Latina	SO	Richmond	6:12.0 (174)	▲1	15:58.2 (173)	▲2	28:10.8 (171)	▼2	32:58.3	166
174	Colby Robbins	SO	Elon	6:18.2 (195)	▲17	16:01.1 (178)	▼4	28:22.9 (182)	▲8	32:58.8	167
175	Max Davis	SR	Winthrop	6:16.0 (186)	▲19	15:56.9 (167)	▼5	28:11.5 (172)	▼3	33:02.0	168
176	Sam Shimanskiy	SO	USC Upstate	6:17.7 (192)	▲9	16:07.1 (183)	▲2	28:21.9 (181)	▲5	33:02.7	169
177	Carter Bruns	FR	Richmond	6:10.2 (168)	▼5	15:58.2 (173)	▼3	28:16.3 (176)	▼1	33:03.1	170





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178	Caden Strickland	SO	Elon	6:18.1 (194)	▲24	15:57.4 (170)	—	28:10.6 (170)	▼8	33:04.0	171
179	Zach Willer	SO	East Carolina	5:58.6 (122)	▼36	15:49.6 (158)	▼15	28:13.4 (173)	▼6	33:04.2	172
180	Jack Moore	SO	Louisville	5:51.0 (69)	▼56	15:26.9 (125)	▼44	28:07.6 (169)	▼11	33:08.8	173
181	Griffin Wald	FR	UNCW	6:29.0 (210)	▲20	16:12.1 (190)	▲4	28:31.0 (186)	▲5	33:10.1	
182	Carter Sexton	SR	USC Upstate	6:20.0 (200)	▲14	16:09.2 (186)	▲1	28:29.1 (185)	▲3	33:11.6	174
183	Justin Chavez	SR	Morehead State	6:29.0 (210)	▲15	16:15.6 (195)	▲15	28:21.7 (180)	▼3	33:11.8	175
184	William Tune	JR	Richmond	6:10.7 (172)	—	15:57.9 (172)	▼11	28:24.8 (183)	▼1	33:14.2	176
185	Kyle Embry	SR	Morehead State	6:08.2 (159)	▼6	15:56.1 (165)	▼19	28:27.3 (184)	▼1	33:22.4	177
186	Sterling Sellier	FR	Coastal Carolina	6:18.7 (196)	▲7	16:11.5 (189)	▼1	28:39.3 (190)	▲4	33:23.0	178
187	Kendall Phillips	JR	VCU	6:09.5 (164)	▼3	15:56.9 (167)	▼21	28:33.3 (188)	▲1	33:28.2	179
188	Jordyn Dillavou	SO	Longwood	6:14.4 (181)	▼12	16:14.7 (181)	▲4	28:35.5 (189)	▲1	33:31.6	180
189	Summit Northrup	SO	Northern Kentucky	6:10.4 (169)	▼13	16:04.8 (182)	▼10	28:46.8 (192)	▲3	33:32.1	181
190	Clinton Clancy	FR	Longwood	6:30.6 (217)	▲12	16:31.9 (205)	▲11	28:51.7 (194)	▲4	33:34.4	182
191	Gabe Russell	FR	Murray State	6:09.2 (162)	▼14	15:59.5 (176)	▼15	28:41.7 (191)	—	33:35.2	183
192	Noah Woodbury	JR	Winthrop	6:16.8 (187)	▼10	16:18.7 (197)	▼1	28:55.5 (198)	▲6	33:39.8	184
193	Braden Anthes	SO	Elon	6:30.0 (215)	▲11	16:29.6 (204)	▲7	28:55.0 (197)	▲4	33:41.8	185
194	Carson Archie	SR	Wofford	6:10.6 (171)	▲10	15:52.3 (161)	▼26	28:31.8 (187)	▼7	33:45.8	
195	Zack Ericksen	JR	William & Mary	5:57.2 (114)	▼48	15:52.5 (162)	▼33	28:51.8 (195)	—	33:50.9	186
196	Ethan Pettyjohn	JR	Longwood	6:30.4 (216)	▲10	16:33.0 (206)	▲7	29:00.0 (199)	▲3	33:57.0	187
197	Owen Mathews	JR	Northern Kentucky	6:10.0 (166)	▼25	16:13.3 (191)	▼5	28:53.8 (196)	▼1	34:00.6	188
198	Griffin McNeish	SO	Winthrop	6:19.7 (199)	▼3	16:26.8 (202)	▼1	29:09.1 (203)	▲5	34:01.1	189
199	Kyle Weldon	SR	VCU	6:09.4 (163)	▼36	16:19.1 (199)	▼2	29:08.5 (201)	▲2	34:03.9	190
200	Sam Sager	SR	Longwood	6:31.9 (220)	▲5	16:42.7 (215)	▲10	29:18.1 (205)	▲5	34:04.7	191
201	Emmanuel Paddyfote	SO	N.C. Central	6:16.8 (187)	▼11	16:19.0 (198)	▼4	29:08.7 (202)	▲1	34:06.6	
202	Monroe Thompkins	SR	USC Upstate	6:39.7 (227)	▲24	16:29.4 (203)	▼1	29:17.8 (204)	▲2	34:09.6	192
203	Benjamin Ashmore	FR	Col. of Charleston	6:46.4 (231)	▲11	16:57.5 (220)	▲10	29:31.8 (210)	▲7	34:14.8	193
204	William Johnson	SR	Presbyterian	6:41.0 (230)	▲16	16:41.6 (214)	▲5	29:31.1 (209)	▲5	34:17.2	
205	Bryan Stoltzfus	JR	Northern Kentucky	6:21.3 (201)	▼8	16:37.2 (209)	▲2	29:25.7 (207)	▲2	34:18.5	194
206	Elliott Kleckner	SO	East Carolina	6:07.0 (156)	▼24	16:03.0 (180)	▼20	29:05.4 (200)	▼6	34:23.8	195
207	Gabe Herron	JR	USC Upstate	6:33.4 (223)	▲15	16:35.0 (208)	▲2	29:22.8 (206)	▼1	34:24.9	196
208	Benjamin Goulet	JR	Longwood	6:34.0 (224)	▲13	16:38.6 (211)	—	29:32.0 (211)	▲3	34:33.3	197
209	Jarrett Forrest	SR	Morehead State	6:14.8 (183)	▼18	16:22.9 (201)	▼7	29:30.3 (208)	▼1	34:35.0	198
210	Alec Daniel	JR	Longwood	6:32.2 (221)	▲8	16:40.4 (213)	▼1	29:41.1 (214)	▲4	34:37.3	199
211	Patrick Kiernan	JR	VMI	6:36.1 (226)	▲7	16:57.2 (219)	▲4	29:44.7 (215)	▲4	34:39.3	
212	Mason Parish	SO	USC Upstate	6:33.0 (222)	▲15	16:34.9 (207)	▼5	29:32.9 (212)	—	34:41.2	200
213	Nathan Quinn	SR	Murray State	6:30.9 (218)	▲6	16:39.1 (212)	▼1	29:37.7 (213)	—	34:44.2	201



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214	Tucker Green	SO	Col. of Charleston	6:29.4 (214)	▲14	16:19.8 (200)	▼16	29:50.9 (216)	▲2	34:47.5	202
215	Daniel Schalk	SO	Murray State	6:24.0 (204)	▼12	16:49.9 (216)	▼2	30:00.3 (218)	▲3	34:55.0	203
216	Jacob Messer	SO	Northern Kentucky	6:14.1 (180)	▼30	16:37.9 (210)	▼7	29:55.1 (217)	▲1	34:57.9	204
217	Jared Keklak	SR	USC Upstate	6:39.9 (228)	▲10	16:56.7 (218)	▼2	30:10.8 (220)	▲3	35:18.5	205
218	Yates Hockaday	JR	UNC-Asheville	6:00.7 (128)	▼19	15:39.5 (147)	▼46	28:48.2 (193)	▼25	35:21.6	206
219	Dylan McTigue	JR	Col. of Charleston	6:49.6 (236)	▲10	17:20.0 (222)	▲4	30:24.9 (222)	▲3	35:21.6	207
220	Jack Benoit	JR	Coastal Carolina	6:31.2 (219)	▼3	17:02.8 (222)	▲1	30:11.9 (221)	▲1	35:22.0	208
221	Ethan Vance	JR	Morehead State	6:28.7 (207)	▼10	16:51.2 (217)	▼2	30:05.3 (219)	▼2	35:27.4	209
222	Robert DiMedio	FR	Col. of Charleston	6:47.9 (233)	▲6	17:20.7 (227)	▲3	30:31.1 (224)	▲2	35:37.7	210
223	Nolan Weisdorfer	JR	Winthrop	6:28.9 (209)	▼15	17:07.8 (224)	▲1	30:26.9 (223)	—	35:40.4	211
224	Liam McDonald	SO	Radford	6:35.2 (225)	▲2	17:06.4 (223)	▼2	30:33.4 (225)	▲1	35:44.8	212
225	Kevin Lagat	SO	Presbyterian	6:48.0 (234)	▲6	17:26.8 (228)	▲2	30:48.8 (226)	▲1	36:13.7	
226	Noah Kaufman	FR	Presbyterian	6:48.5 (235)	▲6	17:27.2 (229)	▲2	31:21.0 (227)	▲1	36:46.9	
227	Roger Brown	FR	Col. of Charleston	6:47.3 (232)	▲7	17:18.1 (225)	▼3	31:42.9 (228)	▲1	37:35.9	213
228	Cameron Ponder	SR	Furman	5:46.6 (15)	—	14:25.9 (15)	▼61	26:28.9 (76)	▼152	42:57.0	214
--	Tyler Morris	SR	Duke	6:01.8 (136)						DNF	
--	Conan Harper	FR	Charleston Southern	5:48.2 (46)						DNF	
--	Laderique McNeill	SR	N.C. Central	6:15.9 (185)	▼45	17:33.9 (230)				DNF	
--	Caleb Olson	SR	Liberty	5:57.8 (118)						DNF	
--	Andrew Schaefer	SO	Longwood	6:40.2 (229)						DNF	
--	Kyle Spencer	FR	High Point	6:04.2 (150)	▼25	15:58.9 (175)				DNF	
--	Ben Crask	SO	Murray State	6:22.3 (203)	▼18	17:00.9 (221)				DNF	
--	Nathan Moore	JR	Liberty	5:47.9 (41)	▼12	14:46.3 (53)	▲20	25:38.4 (33)		DNF	
--	Trey Kraimer	JR	Coastal Carolina	6:11.4 (173)	▼23	16:16.5 (196)				DNF	



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## Men 10k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	<b>North Carolina</b> <i>Total Time: 2:25:38.00</i> <i>Average: 29:07.60</i>	38	2	3	6	9	18	41	129
2	<b>Eastern Kentucky</b> <i>Total Time: 2:27:10.30</i> <i>Average: 29:26.06</i>	72	8	10	11	16	27	36	72
3	<b>NC State</b> <i>Total Time: 2:28:08.30</i> <i>Average: 29:37.66</i>	106	12	15	21	23	35	67	81
4	<b>Wake Forest</b> <i>Total Time: 2:28:52.20</i> <i>Average: 29:46.44</i>	137	5	19	31	38	44	66	75
5	<b>Virginia</b> <i>Total Time: 2:28:45.70</i> <i>Average: 29:45.14</i>	140	7	14	24	46	49	60	79
6	<b>Charlotte</b> <i>Total Time: 2:29:17.60</i> <i>Average: 29:51.52</i>	165	4	26	29	52	54	103	115
7	<b>Duke</b> <i>Total Time: 2:31:09.11</i> <i>Average: 30:13.82</i>	232	32	33	39	63	65	111	
8	<b>Furman</b> <i>Total Time: 2:30:59.90</i> <i>Average: 30:11.98</i>	252	1	13	61	69	108	123	214
9	<b>Charleston Southern</b> <i>Total Time: 2:31:58.70</i> <i>Average: 30:23.74</i>	274	20	34	58	74	88	118	
10	<b>Liberty</b> <i>Total Time: 2:33:13.10</i> <i>Average: 30:38.62</i>	335	17	48	55	94	121		
11	<b>App State</b> <i>Total Time: 2:33:28.00</i> <i>Average: 30:41.60</i>	346	43	50	56	98	99	116	126
12	<b>Virginia Tech</b> <i>Total Time: 2:33:55.80</i> <i>Average: 30:47.16</i>	348	40	68	76	80	84	91	112
13	<b>William &amp; Mary</b> <i>Total Time: 2:33:59.90</i> <i>Average: 30:47.98</i>	367	47	53	70	93	104	119	186
14	<b>Kentucky</b> <i>Total Time: 2:34:08.60</i> <i>Average: 30:49.72</i>	369	30	73	78	92	96	107	142
15	<b>Clemson</b> <i>Total Time: 2:34:32.80</i> <i>Average: 30:54.56</i>	396	25	42	86	113	130	147	151





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16	<b>Norfolk State</b>	400	28	45	57	131	139		
	<i>Total Time: 2:34:37.81</i>								
	<i>Average: 30:55.56</i>								
17	<b>George Mason</b>	458	22	59	114	117	146	148	150
	<i>Total Time: 2:35:46.50</i>								
	<i>Average: 31:09.30</i>								
18	<b>UNC-Asheville</b>	520	51	85	110	134	140	149	206
	<i>Total Time: 2:37:18.20</i>								
	<i>Average: 31:27.64</i>								
19	<b>High Point</b>	558	77	105	109	122	145	154	
	<i>Total Time: 2:38:03.40</i>								
	<i>Average: 31:36.68</i>								
20	<b>Louisville</b>	559	71	106	120	127	135	161	173
	<i>Total Time: 2:38:02.11</i>								
	<i>Average: 31:36.42</i>								
21	<b>Richmond</b>	579	64	89	100	160	166	170	176
	<i>Total Time: 2:38:47.20</i>								
	<i>Average: 31:45.44</i>								
22	<b>East Carolina</b>	651	95	125	133	136	162	172	195
	<i>Total Time: 2:40:11.50</i>								
	<i>Average: 32:02.30</i>								
23	<b>Northern Kentucky</b>	660	37	97	157	181	188	194	204
	<i>Total Time: 2:41:40.60</i>								
	<i>Average: 32:20.12</i>								
24	<b>Elon</b>	694	90	138	144	155	167	171	185
	<i>Total Time: 2:41:22.30</i>								
	<i>Average: 32:16.46</i>								
25	<b>Radford</b>	712	87	124	137	152	212		
	<i>Total Time: 2:43:29.60</i>								
	<i>Average: 32:41.92</i>								
26	<b>VCU</b>	718	82	102	165	179	190		
	<i>Total Time: 2:42:55.00</i>								
	<i>Average: 32:35.00</i>								
27	<b>Murray State</b>	727	62	128	153	183	201	203	
	<i>Total Time: 2:43:22.81</i>								
	<i>Average: 32:40.56</i>								
28	<b>Morehead State</b>	784	132	141	159	175	177	198	209
	<i>Total Time: 2:43:43.11</i>								
	<i>Average: 32:44.62</i>								
29	<b>Coastal Carolina</b>	808	101	158	163	178	208		
	<i>Total Time: 2:45:50.80</i>								
	<i>Average: 33:10.16</i>								
30	<b>Winthrop</b>	835	83	168	184	189	211		
	<i>Total Time: 2:47:27.50</i>								
	<i>Average: 33:29.50</i>								
31	<b>USC Upstate</b>	887	156	169	174	192	196	200	205
	<i>Total Time: 2:47:34.10</i>								
	<i>Average: 33:30.82</i>								
32	<b>Col. of Charleston</b>	909	143	164	193	202	207	210	213
	<i>Total Time: 2:49:42.20</i>								
	<i>Average: 33:56.44</i>								



# NCAA Division I Southeast Regional

Milliken Research Park  
Spartanburg, SC- Hosted by USC Upstate  
November 10, 2023



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33	Longwood	937	180	182	187	191	197	199
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Total Time: 2:49:41.00  
Average: 33:56.20

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--	Davidson	DNF
--	N.C. Central	DNF
--	Presbyterian	DNF
--	UNC-Greensboro	DNF
--	UNCW	DNF
--	VMI	DNF
--	Wofford	DNF

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